

SNAP Eligibility Guidelines for Students

Eligibility for SNAP (also known as food stamps) is based on several factors including income, household size, immigration status, and enrollment in college or other institutions of higher education.

Generally, students enrolled in higher education at least half-time between the ages of 18 and 50 must meet one or more of these exemptions to qualify for SNAP benefits:



1. Receive cash assistance benefits under a TCA program
2. Take part in a State or federally financed work study program
3. Work at least 20 hours a week (no averaging)



4. Are taking care of a dependent household member under the age of 6
5. Are taking care of a dependent household member over the age of 5 but under 12 and do not have adequate child care to enable them to attend school and work a minimum of 20 hours, or to take part in a State or federally financed work study program



6. Are a single parent in school full-time with a child under 12
7. Are assigned to or placed in a college or certain other schools through:



- a. a program under the Work Force Investment Act,
 - b. a program under Section 236 of the Trade Act of 1974,
 - c. an employment and training program under the Food Stamp Act
 - d. an employment and training program operated by a State or local government.
8. Are receiving disability and receiving SSI, SSA or VA disability payments
 9. Have a disability verified by a doctor or licensed psychologist

Are you interested in applying for SNAP?

The Maryland Food Bank SNAP Outreach team is available to assist you with submitting your SNAP application and/or Recertification documents.

Please feel free to contact us anytime!

Phone: Toll-free at 1-888-808-7327

Email: snapteam@mdfoodbank.org

Hours: Monday-Friday | 8am to 5pm

Hablamos español!





In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (833) 620-1071, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to:

1. **mail:**
Food and Nutrition Service, USDA
1320 Braddock Place, Room 334
Alexandria, VA 22314; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
FNSCIVILRIGHTSCOMPLAINTS@usda.gov

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