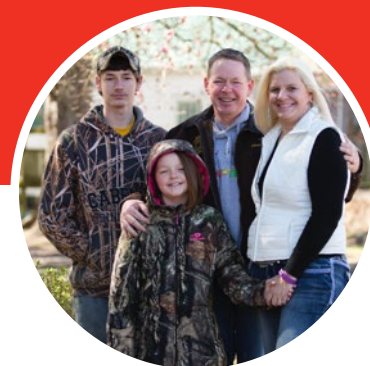


# Maryland Food Bank SNAP Program



# What is SNAP?

- The Supplemental Nutrition Assistance Program, formerly known as Food Stamps, is a government benefit that offers nutrition assistance to millions of eligible, low-income individuals, and families.
- Once a month, SNAP recipients receive money on their EBT card (a.k.a Independence Card) that they can spend at grocery stores, convenience stores, and farmers markets.
- Households qualify for SNAP benefits based on several factors, including college enrollment status, income, household size, and immigration status.





## SNAP is good for local economies

Each dollar in federally funded SNAP benefits generates \$1.79 in local economic activity.

## SNAP Participation

- 662,315 Marylanders enrolled in SNAP assistance as of Dec 2022 (about 11% of the state population).
- 91,080 enrollees in Baltimore County (about 11% of the county population).
- Many who qualify for SNAP benefits do not know they qualify or have a hard time getting through the enrollment process themselves.





# Eligibility for SNAP Benefits



- **Must meet income limits**
- **Once you are determined to be under the income limits, certain expenses help determine the benefit amount you receive each month.**
  - ❖ Household costs
  - ❖ Child Care/Support
  - ❖ The basic fee for one telephone

Household Size	Gross monthly income (130 percent of poverty)	Maximum Monthly Allotment
1	\$1,473	\$281
2	\$1,984	\$516
3	\$2,495	\$740
4	\$3,007	\$939
5	\$3,518	\$1,116
6	\$4,029	\$1,339
7	\$4,541	\$1,480
8	\$5,052	\$1,691
Each additional member	+\$512	+\$211

# COVID-19 Eligibility Rules for Students



**LIKELY EXPIRING AFTER  
APRIL 2023 – APPLY NOW!**

Now students who meet one of the two criteria outlined below may receive SNAP:

**1. Are *eligible* to participate in state or federally financed work study** during the regular school year. The institution of higher education (i.e., the college or university) determines if a student is considered *eligible* for work study

-OR-

**2. Have an Expected Family Contribution (EFC) of 0** in the current academic year. Students receive an EFC after applying for financial aid.

# How to qualify as a full-time student

Full-time students generally do not qualify for SNAP benefits *except if you:*

- 1 Are 17 years old or younger, or 50 years old or older
- 2 Have a disability
- 3 Receive Temporary Assistance for Needy Families (TANF) benefits
- 4 Work at least 20 hours a week in paid employment
- 5 Are enrolled in certain job training and placement programs (including work-study)
- 6 Take care of a child 12 years old or younger





# Are you interested in SNAP?

FORMERLY KNOWN AS FOOD STAMPS

The Maryland Food Bank SNAP Outreach team is available to assist you with the submission of the SNAP application and/or answer any questions you may have about the benefits or application process.

Please feel free to contact us anytime!

And please share this information with your friends, family, and community.

Contact the Maryland Food Bank  
SNAP Outreach Team:

Phone: toll-free at 1-888-808-7327

Email: [snapteam@mdfoodbank.org](mailto:snapteam@mdfoodbank.org)

Hours: Monday-Friday | 8am to 5pm

*¡Hablamos español!*



Apply online at <https://mymdthink.maryland.gov/>